

Produced by the City of West Palm Beach in partnership with the Palm Beach Roadrunners

MAYOR: Lois J. Frankel

COMMISSION: Jeri Muoio, President; Molly Douglas; Kimberly Mitchell; William Moss; Isaac 'Ike' Robinson, Jr.

PRESENTED BY:



**PALM BEACH
CANCER INSTITUTE**

**Inaugural Palm
Beach Roadrunners
City Center 5K Run/
Walk
Celebrating 5 years of
CityFit**

**PALM BEACH
ROADRUNNERS
6207-A South Dixie Highway
www.palmbeachroadrunners.com**



**Cele-
brating
5 years
of City-
Fit**

**Presented
by: Palm
Beach
Cancer
Institute**

**Saturday
April 18, 2009
7:15 A.M. Start Time**



**Register online
www.palmbeachroadrunners.com**



Inaugural Palm Beach Roadrunners City Center 5K Run/Walk presented by: Palm Beach Cancer Institute Celebrating 5 Years of CityFit Saturday, April 18, 2009

WHAT:

This inaugural run/walk from City Center will be part of the festivities for the City Center Grand Opening. The City of West Palm Beach will also be celebrating the 5th year anniversary of its City Fit program. Come be a part of the first City Center run/walk and the only race in West Palm Beach to begin and end on historic Clematis Street.

TIMING:

Gross timing from overall start for each individual registered participant. Timing chips will be distributed at race day packet pick up.

WHERE:

West Palm Beach City Center
401 Clematis Street, Downtown WPB
Corner of Clematis Street and Dixie Hwy

DIRECTIONS:

Exit I-95 and head east. Travel to Quadrille Blvd. and make a left (north). Travel north a few blocks to Banyan Blvd. and make a right (east). You will see the entrance to the City Center Parking Garage on your right.

WHEN: Registration begins at 6:00am
Race begins at 7:15 am.

COURSE:

The course will begin and end at the new City Center on the corner of Clematis Street & Dixie Highway. Participants will head east on Clematis Street, and then continue east down North Clematis Street to Lantana Avenue. On Lantana Avenue, participants will head north to Banyan Blvd. and then turn east again onto Flagler Drive. Participants will head north on Flagler Drive to Picadilly Street (Currie Park) and then return back along the same route to City Center.

PARKING:

Banyan garage is free until 1pm! All city garages \$1 for first 2 hours!

ENTRY FEES: Save 50% of Online Processing fee by registering prior to March 29! Visit www.palmbeachroadrunners.com.

*****Online registration closes at 8am on Friday April 17.*****

\$20 pre-register before 4/4/09; \$25 after 4/4
*Club Members & City Employees take \$5 off
\$15 Student 18 yrs or under with valid I.D.
\$30 all Race Day registration

Checks payable to: **Palm Beach Roadrunners**

AWARDS & PRIZES:

Top Overall Male & Female Finishers

Top Male & Female Masters

Top 3 in each age groups: 10 & Under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & over

CONTACT:

Patti Kadis 561-588-2122

MAIL REGISTRATION

Palm Beach Road Runners c/o Run and Roll
6207-A S. Dixie Hwy, West Palm Beach 33405

STORE REGISTRATIONS

Fit2Run till 4/4/09 at 6pm

The Mall at Wellington Green
561-753-9343

Running Sports till 4/4/09 at 6pm

813 Donald Ross Road, Juno Beach
561-694-8125

Run and Roll till 4/4/09 at 6pm

6207 South Dixie Highway, WPB
561-588-2122

Inaugural Palm Beach Roadrunners City Center 5K Registration

Shirt Size (Circle one) XS S M L XL Circle One : \$20 Pre register by 4/4/09 After 4/4/09 \$25
***WALKERS WELCOME!!!
Presented by: Palm Beach Cancer Institute All Race Day Registration \$30
**Club Members & City Employees take \$5 off Student \$15 (18 yrs or under with valid ID)

Name _____ Date of Birth / / Sex _____
Address _____ Age Race Day _____
City _____ State _____ Zip _____ Phone () _____
Signature _____ Date _____
Parent (17 & under) _____ Date _____
Email _____

Waiver of Liability

In consideration of the acceptance of my participation in the City Center 5K ("Event"), I, for myself and those who I represent, hereby release and hold harmless the City of West Palm Beach and the Palm Beach Roadrunners, and their respective employees, agents, volunteers, and the sponsors of this Event, of any liability, obligation or responsibility under the laws of Florida, for any injury, loss or damage to me arising from the Event even if arising out of negligence or carelessness on the part of the parties named herein. And, further, I agree to indemnify, protect and save harmless all parties named in this release from all judgments, costs and expenses whatsoever arising out of any action, claim or demand which anyone may hereafter bring or assert on account of any injury, loss, or damage resulting from the Event. I grant permission to all the foregoing entities and persons to use any photograph, motion picture, recording or any other electronic data for any purpose related to the City Center 5K for any purpose.

Official Use Only Number _____ Payment _____